


BIOLUX PRO MINI



Physical Conditioning

1. Place the band with the light in direct contact with the spine and subsequently on the abdomen. Without an elastic band.
2. The light should cover the mentioned area as fully as possible.
3. Press  twice to activate the red and infrared light.
4. Allow the device to turn off (15 minutes) and repeat this process once more for a total of 30 minutes.
5. You should do this while lying down. You can do it daily.



Proper hydration enhances results
This does not suggest or replace any medical treatment

