


BIOLUX PRO MINI



Knee

1. Place the band with the light in direct contact and around the knee, adjusting it with the elastic.
2. It doesn't need to be tight; the light should cover above, on top, and below the knee.
3. Press  twice to activate the red and infrared light.
4. Allow the equipment to turn off (15 minutes), repeat this process twice a day.
5. You can do it while lying down to facilitate the process.



Proper hydration enhances results
This does not suggest or replace any medical treatment

