BIOLUX PRO MINI





Elbow

1. Place the band with the light in direct contact and around the elbow, adjusting it with the elastic.
2. It doesn't need to be tight; the light should cover above, over, and below the elbow.
3. Press ⏻ twice to activate the red and infrared light.
4. Allow the device to turn off (15 minutes), repeat this process before and after exercising.
5. You can engage in other activities while using it.

Proper hydration enhances results

⚠ This does not suggest or replace any medical treatment ⚠